


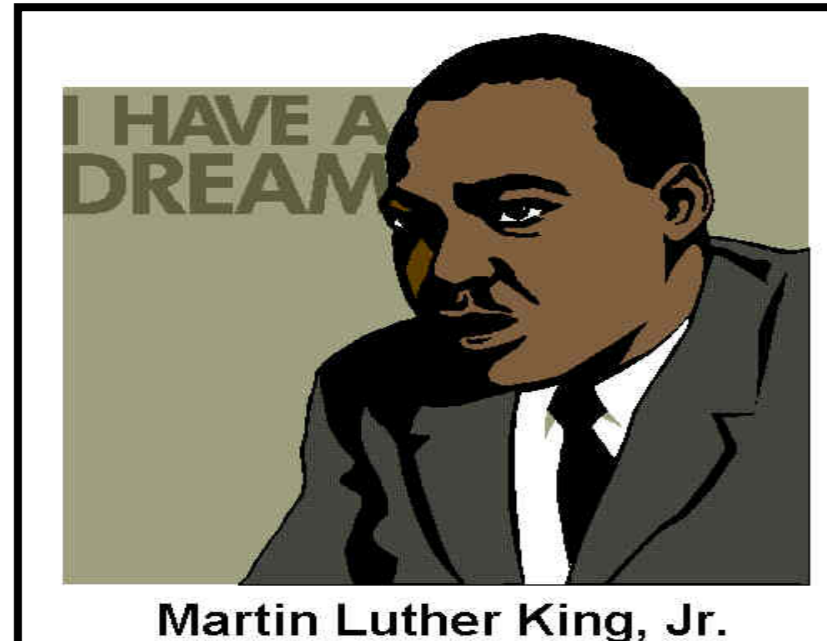


January-19

Sumter School District Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1% White Milk and Assorted Flavored Non Fat &amp; Skim Milk Served daily at Breakfast and Lunch Breakfast and Lunch is free for all students</p> <p>Students wishing to get a second meal will have to pay the ala carte price of \$2.50 for breakfast and \$4.00 for lunch.</p> <p>Adult Breakfast -\$2.50 Adult Lunch- \$4.00 Reminder - Menu Subject to Change Due to Food Availability</p>				
	 <b>No School</b>	 <b>No School</b>	<p>3</p> <p>Corndog or Hamburger on Bun Baked Beans Oven Potatoes Sliced Peaches or Pineapple Tidbits</p>	<p>4</p> <p>Pepperoni Pizza Slice or Chicken Fajita Wrap Seasoned Green Beans or Steamed Corn Mandarin Oranges or Ridgefield Frozen Fruit Cup</p>
<p>7</p> <p>Chicken Alfredo WW Breadstick or Toasted Club Sandwich on WW Bun Vegetable Medley or Wango Mango V-Juice Pineapple Tidbits or 100% Fruit Blend Juice</p>	<p>8</p> <p>Rotini Bake Baked Texas Toast or Munchable Lunch ( Turkey and Cheese) Seasoned Green Beans or Sliced Carrots Blue Raspberry Applesauce or Chilled Pears</p>	<p>9</p> <p>Grilled Chicken on WW Bun or BBQ Pork on WW Bun Baked Beans Seasoned Baked Fries Fruit Cocktail or 100% Grape Juice</p>	<p>10</p> <p>Country Style Steak w/ Gravy Steamed Rice Cornbread or Yogurt Boxed Lunch Collards or Sweet Potatoes Mandarin Oranges or Fresh Apple Slices</p>	<p>11</p> <p>Pepperoni Pizza or Ham and Turkey Flatbread Steamed Broccoli or Romaine Lettuce/ Tomato Mixed Berry Cup or Chilled Peach Cup</p>
<p>14</p> <p>Fish Nuggets w/ Tartar Sauce Seasoned Yellow Rice WG Cornbread or Munchable Lunch ( Turkey and Cheese) Steamed Tomatoes or Pinto Beans Banana or Mandarin Oranges</p>	<p>15</p> <p>Teriyaki Chicken Steamed Rice or Yogurt Boxed Lunch Green Peas or Fresh Baby Carrots w/ Dip Sliced Peaches or Fruited Strawberry Gelatin w/ Topping</p>	<p>16</p> <p>Beef Taco or Chicken Fajita Wrap or Romaine Lettuce/ Diced Tomatoes Steamed Corn Strawberry Fruit Cup or 100% Grape Juice</p>	<p>17</p> <p>Spaghetti w/ Meat Sauce Garlic Toast Steamed Broccoli or Munchable Lunch ( Ham and Cheese) Pineapple Tidbits or Fruit Cocktail</p>	<p>18</p> <p>Club Sandwich Mozzarella Cheese Stick Vanilla Goldfish Cracker Cherry Star V-Juice Fresh Apple Wedges</p> <p style="text-align: center;"><b>Grab n' Go Meal</b></p>
<p>21</p> <div style="text-align: center;">               Martin Luther King, Jr.  <b>MLK Holiday</b> </div>	<p>22</p> <p>Corndog or Grilled Chicken on Bun Baked Beans Oven Potatoes Pineapple Tidbits or 100% Fruit Punch Juice</p>	<p>23</p> <p>Beef Ravioli w/ WW Breadstick Steamed Broccoli or Munchable Lunch ( Ham and Cheese) Sliced Peaches or Blue Raspberry Pears</p>	<p>24</p> <p>Tetrazzini or Toasted Ham and Cheese on WW Bun Green Beans or Sliced Carrots Fruit Cocktail or 100% Apple Juice Schoolmade Cinnamon Roll</p>	<p>25</p> <p>Pepperoni Pizza Slice or Turkey and Cheese Flatbread Sandwich Romaine Lettuce/ Tomato/ Pickle Steamed Corn Sliced Peaches or Ridgefield Frozen Fruit Cup</p>
<p>28</p> <p>Chicken Nuggets w/ BBQ Sauce Seasoned Yellow Rice or Yogurt Boxed Lunch Pinto Beans or Cucumber Coins and Cherry Tomatoes w/ FF Ranch Dressing Baked Cinnamon Apples or 100% Fruit Punch Juice</p>	<p>29</p> <p>Shepherd's Pie Cornbread or Munchable Lunch ( Turkey and Cheese ) Cucumber Coins and Cherry Tomatoes w/ Ranch Dressing or Steamed Cabbage Strawberry Fruited Gelatin w/ Topping or Sliced Peaches</p>	<p>30</p> <p>Grilled Cheese Sandwich or Grilled Chicken Sandwich Vegetable Soup Tossed Salad w/ Dressing Blushing Pears or Chilled Applesauce</p>	<p>31</p> <p>Baked Turkey w/ Gravy Steamed Rice or Munchable Lunch ( Ham and Cheese ) Collards or Sweet Potatoes Fresh Apple Wedges or 100% Grape Juice</p>	

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