

October-18

Sumter School District Elementary Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday | | | | | |
|--|---|---|--|--|--|--|--|--|--|
| <p>1% White Milk and Assorted Flavored Non Fat & Skim Milk Served daily at Breakfast and Lunch Breakfast and Lunch is free for all students</p> <p>Students wishing to get a second meal will have to pay the ala carte price of \$2.50 for breakfast and \$4.00 for lunch.</p> <p>Adult Breakfast -\$2.50 Adult Lunch- \$4.00</p> <p>Reminder - Menu Subject to Change Due to Food Availability</p> | | | | |  <p>National School Lunch Week October 15-19</p> | | | | |
| <p>1 Chicken Alfredo WW Breadstick or Toasted Club Sandwich on WW Bun Steamed Broccoli or Wango Mango V-Juice Pineapple Tidbits or Chilled Sliced Peaches</p> | <p>2 Rotini Bake Texas Toast or Yogurt Boxed Lunch Green Beans or Tossed Salad w/ Dressing Blue Raspberry Applesauce or Fresh Orange Slices</p> | <p>3 Grilled Chicken on WW Bun or BBQ Pork on WW Bun Baked Beans Romaine Lettuce/ Tomato/ Pickle Fruit Cocktail or 100% Grape Juice</p> | <p>4 Country Style Steak w/ Gravy Steamed Rice Cornbread or Grilled Chicken Salad w/ Dressing Sweet Potatoes or Green Peas Strawberry Fruit Cup or Fresh Apple Slices</p> | <p>5 Pepperoni Pizza Slice or Turkey and Cheese Flatbread Sandwich Steamed Corn Romaine Lettuce/ Spinach/ Sliced Tomato Sliced Pears or Ridgefield Frozen Fruit Cup</p> | | | | | |
| <p>8 Chicken Filet or Hotdog on WW Bun Crispy French Fries Baked Beans Pineapple and Cherries or 100% Fruit Punch Juice</p> | <p>9 Nachos or Chicken Fajita Wrap Seasoned Corn Romaine Lettuce/ Diced Tomato Chilled Fruit Cocktail or Fresh Orange Wedges</p> | <p>10 Hamburger on WW Bun Yogurt Boxed Lunch Cherry Star V-Juice Romaine Lettuce/ Tomato/ Pickle Blushing Pears or Fresh Apple Slices</p> | <p>11 Spaghetti w/ Meat Sauce Garlic Texas Toast Steamed Broccoli or Munchable Lunch (Turkey and Cheese) Banana or Sliced Peaches</p> | <p>12 Pepperoni Pizza Slice or Grilled Chicken Sandwich Green Beans or Fresh Baby Carrots w/ Ranch Strawberry Applesauce or Ridgefield Frozen Fruit Cup</p> | | | | | |
| <p>15 Fish Nuggets w/ Tartar Sauce Seasoned Yellow Rice WG Cornbread or Turkey and Cheese on Thin Slice Pinto Beans or Cherry Star V-Juice Pineapple Tidbits or Mandarin Oranges</p> | <p>16 Teriyaki Chicken Steamed Rice Steamed Broccoli or Munchable Lunch (Turkey and Cheese) Sliced Pears or 100% Fruit Punch Juice</p> <p style="text-align: center;">National</p>  | <p>17 Beef Ravioli w/ WW Breadstick Vegetable Medley or Grilled Chicken Salad w/ Dressing Sliced Peaches or Cinnamon Apples</p> <p style="text-align: center;">School Lunch</p> | <p>18 Tetrizzini or Ham and Cheese on WW Bun Green Beans or Sliced Carrots Fruit Cocktail or 100% Apple Juice Schoolmade Cinnamon Roll</p> <p style="text-align: center;">Week</p>  | <p>19 WW Pepperoni Pizza or Chicken Fajita Wrap Romaine Lettuce/ Diced Tomato Steamed Corn Fresh Orange Slices or Ridgefield Frozen Fruit Cup</p> | | | | | |
| <p>22 Turkey and Cheese on WW Bun Cherry Star V-Juice Goldfish Cheddar Crackers IW Fresh Apple Slices</p> <p style="text-align: center;">Grab n' Go Meal Early Dismissal</p> | <p>23 Chicken and Waffles or Yogurt Boxed Lunch Hashbrown Fresh Baby Carrots w/ Ranch Strawberry Fruit Cup or 100% Orange Juice</p> <p style="text-align: center;">"Brunch Lunch"</p> | <p>24 Rotini Bake w/ WW Breadstick or Toasted Club Sandwich on Thin Slice Steamed Broccoli or Tossed Salad w/ Dressing Blue Raspberry Applesauce or Fresh Orange Wedges</p> | <p>25 Baked Turkey w/ Gravy Steamed Rice or Chef Salad w/ Dressing Collards or Sweet Potatoes Sliced Peaches or Blushing Pears</p> | <p>26 Pepperoni Pizza or Ham and Turkey Flatbread Romaine Lettuce/ Spinach/ Sliced Tomato Seasoned Corn Ridgefield Frozen Fruit Cup or 100% Blue Razz Juice</p> | | | | | |
| <p>29 Chicken Nuggets w/ BBQ Sauce Seasoned Yellow Rice or Turkey and Cheese on WW Bun Pinto Beans or Fresh Baby Carrots w/ Dip Pineapple Tidbits or 100% Fruit Punch Juice</p> | <p>30 Hot Ham and Cheese Sandwich or Strawberry "Pink" Yogurt Boxed Lunch Cherry Tomatoes w/ Dip or Green Beans "Pink" Blushing Pears or Strawberry "Pink" Fruited Gelatin w/ Pink Whip Topping</p> <p style="text-align: center;"> School Lunch Goes Pink  Breast Cancer Awareness Month</p> | <p>31 Beef Taco or Chicken Fajita Wrap or Taco/ Fajita Toppings Steamed Corn Sliced Peaches or Frozen "FALL" Treat</p> <p style="text-align: center;"></p> | <p>Corndog or Grilled Chicken on WW Bun Baked Beans Romaine Lettuce/ Spinach/ Tomato Pineapple Tidbits or 100% Fruit Punch Juice</p> | | | | | | |

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